

Hope Haven is a nonprofit clinic that serves children, young adults and families with a variety of educational, developmental and mental health needs.

Hope Haven serves a wide range of clients, including those with:

- » Learning challenges and disabilities, such as dyslexia and attention deficit disorder;
- Developmental needs, such as those related to autism, Down syndrome and other challenges;
- » Mental health issues, such as depression, anxiety or repercussions of divorce.

Hope Haven provides an affordable alternative to private, specialty services but with individualized treatment and shorter wait times than most public programs. Through its 80 years of service to the community, it has earned a reputation for high-quality care and professionalism.

Hope Haven works with each child to increase his or her success in the classroom, on the playground and in family life.

Hope Haven's mission is to provide excellence in educational, psychological and related therapeutic services for children, young adults and families with special needs.

Individuals with special needs will be healthier and more independent, educated and involved in community life.

# SPECIAL SERVICES

Using a multi-disciplinary approach, Hope Haven works to meet the unique needs of special client groups.







## Attention Deficit/Hyperactivity Disorder

ADHD is a neurochemical brain disorder that affects behaviors related to attention, activity and impulsivity. Hope Haven provides expert evaluation, treatment, therapy, summer camps and tutoring to address the special challenges ADHD poses for children, their families and their teachers.

#### Autism

Autism is a neurobiological disorder of development that causes differences in the way information is processed. These differences affect the ability to understand and use language; respond appropriately to the environment; understand and respond to stimuli; relate to people, events and objects; form relationships and engage in imaginative play. Hope Haven provides a comprehensive assessment and a range of therapeutic, educational and behavioral services to meet the needs of child and family.

## Down Syndrome

Down syndrome is a congenital disorder caused by chromosomal abnormalities that result in highly variable degrees of learning difficulties and physical development. Hope Haven's Down Syndrome Center provides evaluations in the areas of medical, speech/communications, gross motor, fine motor, behavioral/social and educational development. It also provides parent and family resources and support services.

# Young Adults With Challenges

Hope Haven's adult day training and employment services help young adults with developmental disabilities transition from school to work. The program helps clients prepare for independent living as well as seeking and retaining a job or volunteer position. Follow-along services for graduates also are provided.

# HISTORY

Throughout its history, Hope Haven has actively responded to the changing needs of children and families, adapting services and programs to meet the medical and social challenges faced by each generation.

Hope Haven was founded in 1926, near the height of the tuberculosis epidemic in America, with a mission to serve malnourished and tuberculosis-infected children. Though it opened with just three patients, it quickly outgrew its original facility on the Trout River and, in 1940, moved to a large, white brick hospital on Atlantic Boulevard that quickly became a community landmark.

As modern medicine brought tuberculosis under control, a new public health threat emerged — poliomyelitis, one of the most feared diseases of the mid-1900s. At its new hospital, Hope Haven shifted its attention to treating children afflicted with polio. By the 1960s, when the Salk vaccine began to stem the tide of polio victims, Hope Haven had treated more than 20,000 patients.

As community needs continued to change, Hope Haven continued to adjust, providing general medical and surgical care for children. In 1980, with major changes occurring in the health care system, Hope Haven limited itself to outpatient services. In 1990, it sold the landmark hospital on Atlantic Boulevard and moved to a purpose-built facility on Beach Boulevard, where its staff treats children and families with a range of educational, developmental and mental health concerns.









Today, Hope Haven is recognized as one of the community's leading nonprofit providers of specialized services for children and their families, and has earned the highest respect from its peers. It serves more than 5,000 families each year.

# **GENERAL SERVICES**

#### LEARNING

#### **Educational Services**

Hope Haven's educational services are designed to enhance your child's learning by pinpointing specific strengths and weaknesses. Individually administered tests are used to measure your child's intelligence and academic achievement. The results can be used to diagnose learning disabilities, recommend remedial programs, assess school-related behavior problems and identify teaching strategies that can best meet your child's learning needs.

## **Tutoring**

Hope Haven provides group and individual tutoring, computer-based tutoring and specialized reading programs. Hope Haven works to coordinate tutoring sessions with classroom activities for maximum benefit.

Special Academic Supports

Hope Haven offers a range of academic support programs including after-school programs that provide enrichment activities and summer camps designed to help students with special needs maintain learning progress and prepare for the next academic year.

DEVELOPMENTAL

Occupational Therapy

Occupational therapy addresses skills for the job of living. For a child, these may include play skills, self-care skills and school-readiness skills. Our professional evaluation will assess fine motor skills, visual/perceptual skills, sensory processing skills, self-care skills and trunk/upper extremity strength. If appropriate, we can establish an individualized plan of care, with information and support tips for the family.

Physical Therapy

Physical therapy addresses the posture, movement and mobility of children with neurological impairments, congenital syndromes or other impairments that result in gross motor developmental delays. Our staff will review your child's medical history, your family needs and goals; administer the appropriate tests; and assess the quality of the child's functional skills. If appropriate, we can develop an individual treatment plan with special supports for parents and family members.

Speech and Language

A child's speech and language skills are critical for both communication and academic success. Early speech and language problems, left undetected, may result in reading difficulties and academic delays. Hope Haven offers comprehensive evaluations and therapy, with support for at-home followup.

Assistive Technology

Assistive Technology can unleash the potential of children and adults with disabilities. Devices such as switch-operated toys, communications tools and voice-activated computers give motion to those who cannot move and voices to those who cannot speak, enabling more independent living and skill development for satisfying lives and careers. Hope Haven's Lucy Gooding Center for Learning provides evaluations, training, tutoring, workshops, and community support.

Applied Behavioral Analysis

To address problem behavior, Hope Haven uses functional assessment, a research-based set of strategies designed to determine why a child is engaging in a problem behavior. Consultation involves detailed analysis of the situation, definition of the desired change, and application of well-researched techniques and interventions. Behaviors that can be addressed include, but are not limited to, aggression (hitting, kicking, biting), property destruction, pica (eating inedible items), non-compliance and tantrums.

### MENTAL HEALTH

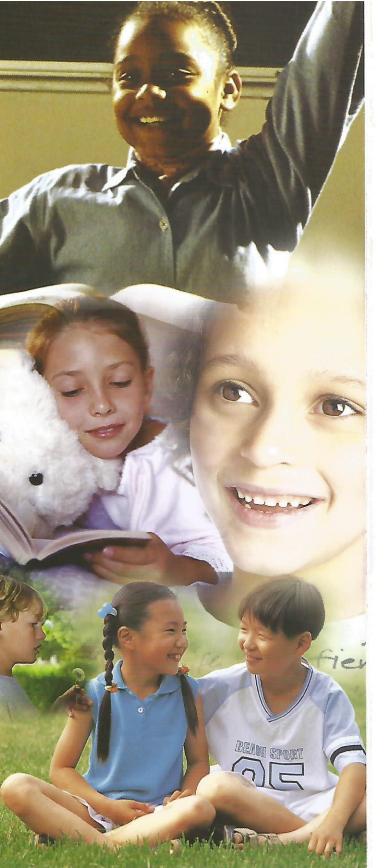
**Evaluation and Counseling** 

Hope Haven offers professional counseling services for your family's individual needs. Counseling is offered for children, adolescents and families with a wide range of services, including parent-child interaction therapy, individual or family therapy, anger management groups, and specialized training for parents of children with special needs. An Anxiety Disorders Clinic assesses anxiety and depression in children and adolescents and offers treatment.

## Children First In Divorce

Hope Haven provides the required four-hour parent education and family stabilization course (Children First in Divorce) for the Fourth Judicial Circuit, which is comprised of Duval, Clay, Baker and Nassau counties.

Hope Haven also offers a 15-hour parent education course (Co-Parenting Beyond Divorce) designed especially for high-conflict families that continue to re-litigate after their divorce is final. In addition, Hope Haven conducts custody evaluations for the court to assist the judge in determining the primary residential placement that will be in the child's best interest. Hope Haven performs only court-ordered custody evaluations.



# COSTS AND

Hope Haven seeks to provide high-quality services at the lowest possible cost. Our staff will assist you in determining the availability of health insurance coverage. Additionally we offer scholarships and financial aid for qualifying families.

#### SUPPORT Hope Haven

Fees and reimbursements cover only about half of the cost of services provided by Hope Haven.

The remainder of the cost is covered by private contributions from foundations, corporations and donors like you.

Please consider a gift to Hope Haven. For more information, contact us at 904-346-5100 or visit www.hope-haven.org.



4600 Beach Boulevard Jacksonville, Florida 32207

Phone: 904-346-5100 Fax: 904-346-5111

www.hope-haven.org



